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Neuroprotection on the Treadmill: Exercise, Brain Aging and Alzheimer's Disease

Dr. Cortes obtained her PhD at the University of Chicago and has been working in the field of neurodegenerative diseases during her entire career. Her lab focuses on exercise as a novel intervention against neurodegenerative diseases and brain aging, focusing on the muscle-to-brain axis and circulating factors that can modify disease progression. Her research is funded by the National Institute of Aging, the Alzheimer's Association and the American Association for Parkinson's Disease.